



## Episode 32: Coffee Break 4 – Would You Rather ...?

Hi! If this is your first time listening to our podcast, this is an opportunity for upper-level English learners to practice listening skills and learn new vocabulary by listening to authentic conversations.

This is another installment of our Coffee Break series featuring a short discussion about a topic, a quick Q&A or a fun game. Show notes are also brief – just focusing on a few key words and phrases used in our discussion that we think may be helpful to explain. In today's episode, Donielle and Khrystyna are discussing questions where we have encouraged funny or unexpected answers. We hope you enjoy it!

### Vocabulary: Words and Phrases Used in the Conversation

|                               |   |
|-------------------------------|---|
| <b>unwind</b>                 | relax and stop feeling stressed (ex: unwind after a long day at work)   |
| <b>come out</b>               | be released or made available to the public (ex. podcast episode, movie, new album)   |
| <b>hack</b>                   | a simple tip or trick to make something easier  |
| <b>cognitive shuffling</b>    | a sleep technique where you think of random words starting with each letter of a chosen word to distract your mind  |
| <b>shuffle</b>                | mix or move things around, often in a random order (ex. shuffling playing cards)  |
| <b>drift off</b>              | slowly fall asleep  |
| <b>every once in a while</b>  | used very commonly in conversation instead of “occasionally”  |
| <b>power goes out</b>         | the way to express the situation when electricity stops working suddenly and unexpectedly, such as from a storm (ex: our power went out during the storm)         |
| <b>pass [something] up</b>    | decide not to take advantage of an opportunity (ex: I wouldn't pass up the chance to take a nap.)   |
| <b>pass out</b>               | suddenly become unconscious or faint, usually from heat, fear, or lack of air.  |
| <b>run out of [something]</b> | use all of something so that there is none left (ex. run out of oxygen in the crowded elevator)   |
| <b>sketchy</b>                | unsafe, scary, or suspicious  |
| <b>confined</b>               | in a small or closed space with little room to move   |
| <b>grate</b>                  | a metal covering with holes (describing the kind used on old elevators)   |
| <b>shoot</b>                  | a soft expression of frustration or surprise  |
| <b>RV</b>                     | A large vehicle that has space for living, like a small home you can drive. It usually includes a bed, bathroom, and kitchen. (Short for "recreational vehicle.") |
| <b>right up [one's] alley</b> | Exactly the kind of thing someone likes or is good at (ex. it's right up my alley because I like retro and vintage things)  |
| <b>a no brainer</b>           | a very easy or obvious choice   |
| <b>snuggles</b>               | warm, close hugs or cuddles   |
| <b>blow (something)</b>       | to waste or use time or a chance, often in a way that is not ideal  |

You can also read the [transcript](#) for this episode.

# Thanks for checking out our podcast!

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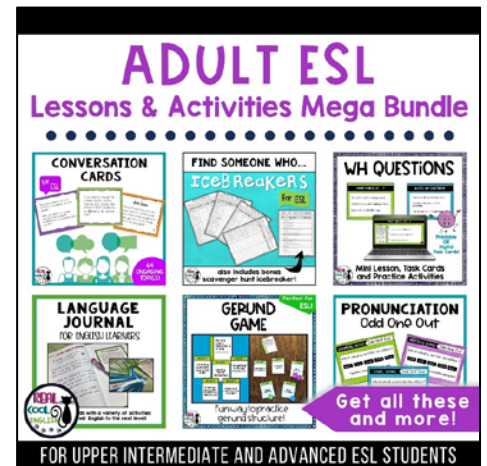
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